

## Creative Arts

# I and Advanced



Project Overview

This project introduces members to the basics of knitting including equipment, materials, steps, and stitches. Members follow this guide to complete Knitting I, II, and III

#### Key Learning Jopics

To read and follow instructions.

To understand abbreviations for stitches and procedures.

To handle needles and yarn correctly

To join knitted pieces, using needle and yarn.

To block knitted articles.

Increasing and decreasing stitches.

Combining Colors.

- Knitting with 4 needles and various stitches.
  How to carry yarn to create designs.

#### Expanding the Project

· Give a talk or demonstration about your knitting project at your club or county contest.

Teach another person one of your skills you've learned.

- Donate items created to a local nursing home or Senior Center during the holidays or any other opportunity that presents itself.
- Donate items created for a 4-H tundraiser.

#### Kesources

Knitting I and Advanced

General Project Record Sheet 300.A-7 (R-18)



### Exhibit Guidelines

- 1. Unit I Two smallarticles, using thebasic knitting stitches – knit and purl (head band, cap, slippers, belt, purse, placemats, pillow top, scarf, muffler, or other
- 2. Unit II Two Articles (shrink, vest, simple sweater, poncho, shawl, cap and/or mittens) showing:

a.Increasing and decreasing stitches.

b. Two or more connected pieces.

c. Use of two or more colors (as in stripes).

d.A combination of at least two variations of basic knit and purl stitches in each article.

- 3.Unit III Garment or large article such as an afghan, coat, sweater, dress, suit or other item, using a pattern that includes a design variation in stitch pattern and/or
- 4. Unit III Mittens, socks or hat knitted using four needles.

#### Targeting Life Skills:

- Resiliency
- Self Motivation
- Stress
- Management Problem Solving
- Selt-Esteem
- Goal Setting
- Planning and Organizina



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